



# B.R. RYALL YMCA GYMNASIUM SEPTEMBER SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Group Exercise classes 5-10 a.m.</p> <p>Please see the group exercise schedule for class details.</p>	<p>Group Exercise classes 5-10 a.m.</p> <p>Please see the group exercise schedule for class details.</p>	<p>Group Exercise classes 5-10 a.m.</p> <p>Please see the group exercise schedule for class details.</p>	<p>Group Exercise classes 5-10 a.m.</p> <p>Please see the group exercise schedule for class details.</p>	<p>Group Exercise classes 5-10 a.m.</p> <p>Please see the group exercise schedule for class details.</p>	<p>Group Exercise classes 6-11 a.m.</p> <p>Please see the group exercise schedule for class details.</p>
<p>Bright Beginnings 10-11:30 a.m.</p>	<p>Bright Beginnings 10-11:30 a.m.</p>	<p>Bright Beginnings 10-11:30 a.m.</p>	<p>Bright Beginnings 10-11:30 a.m.</p>	<p>Bright Beginnings 10-11:30 a.m.</p>	
<p>Safe 'n Sound 11:30 a.m. to 2:30 p.m.</p>	<p>Safe 'n Sound 11:30 a.m. to 2:30 p.m.</p>	<p>Safe 'n Sound 11:30 a.m. to 2:30 p.m.</p>	<p>Safe 'n Sound 11:30 a.m. to 2:30 p.m.</p>	<p>Safe 'n Sound 11:30 a.m. to 2:30 p.m.</p>	
<p>Bright Beginnings 2:30-4 p.m.</p>	<p>Bright Beginnings 2:30-4 p.m.</p>	<p>Bright Beginnings 2:30-4 p.m.</p>	<p>Bright Beginnings 2:30-4 p.m.</p>	<p>Bright Beginnings 2:30-4 p.m.</p>	
<p>Group Exercise classes 4-7 p.m.</p> <p>Please see the group exercise schedule for class details.</p>	<p>Group Exercise classes 4-7 p.m.</p> <p>Please see the group exercise schedule for class details.</p>	<p>Group Exercise classes 4-7 p.m.</p> <p>Please see the group exercise schedule for class details.</p>	<p>Group Exercise classes 4-7 p.m.</p> <p>Please see the group exercise schedule for class details.</p>	<p>Safe 'n Sound 4-5:30 p.m.</p>	